

# The Nominees

Wednesday, July 26 2023

## LOCALS CHOICE AWARDS 2023

Suffolk News-Herald



## Complete Ballot Inside

Vote Online at [suffolknewsheald.com](https://suffolknewsheald.com)

# We want your vote!

We want to thank the hundreds of readers that took the time to submit nominations for our LOCALS CHOICE edition. Your submissions were used to create this ballot.

Readers are now invited to vote online to help choose the final winners, which will be announced in September.

From the beginning, it was our hope to have your favorite local businesses get recognized for the hard work they put into developing the services that keep us coming back.

Nominees were narrowed down to the top few submissions in each category to create the final ballot presented here. Readers will see many well-known local businesses. A few have built such an exceptional reputation they appear in several categories.

We also hope you may be reminded of

some old favorites you have not visited in a while, and you find time to visit them again soon.

Likewise, in going through the ballot you may discover a few places destined to become new favorites. We hope you try some new places too.

Voting is quick and easy. Simply visit [www.smithfieldtimes.com](http://www.smithfieldtimes.com) and click on the LOCALS CHOICE tab at the top of the page or on any of the LOCALS CHOICE promotional spots.

Voting is open for a limited time, so please log in as soon as you can. Winners will be announced in a special edition planned for the end of September.

*Betty Ramsey*  
Publisher

# Complete Ballot

## Around Town

### Best Church

- Bethlehem Christian Church
- Compassion Church Suffolk
- Main Street United Methodist Church
- Southside Baptist Church
- St. Mary of the Presentation Catholic Church

### Best City Council Member

- John Rector
- Leotis Williams
- Mike Duman
- Roger Fawcett
- Shelley Butler Barlow
- Tim Johnson

### Best Civic Club

- Crittenden, Eclipse & Hobson Ruritan Club
- GFWC Junto Woman's Club
- Suffolk Rotary Club

- Suffolk Ruritans

### Best Dance School/Studio

- Allonge Dance Academy
- RPM Dance, LLC

### Best Equestrian Stables

- Harmonia Equestrian
- Kay's Acres, LLC
- Liberty Lane Farm
- Mulholland Family Ranch

### Best Historic Site

- Cedar Hill Cemetery
- Riddick's Folly
- Suffolk Seaboard Station Railroad Museum

### Best Local Athlete

- Addy Green
- Blaise Gardner

### Best Local Author

- Elnora Hughes
- Ernie Chenault
- Kim Ellis
- Lisa Burrell

### Best Local Cause

- Cmdr. Robert W Holland VFW Post 12217
- Coalition Against Poverty
- Cornerstone Ballet Company
- Cupcakes and Chemo
- Hope Center Ministries
- Hope for Suffolk
- Mutt Strutt
- Suffolk Art League

### Best Local Legislator

- Emily Brewer
- Mike Duman
- Tim Johnson



*Locally Loved*

**Barbecue  
Brisket  
Wings  
Ribs  
Seafood  
& More**

## Thanks for the Nominations!

- Best Chef - Lisa Pettaway "Mama Lisa"
- Best Barbecue Restaurant • Best Business Lunch
- Best Catering • Best Chicken Wings
- Best Cocktails • Best Desserts • Best Family Restaurant
- Best French Fries • Best Fried Chicken
- Best Hamburger • Best Happy Hour
- Best Kid-Friendly Restaurant • Best Margarita
- Best Outdoor Patio • Best Take Out • Best Sports Bar
- Best Locally Owned Restaurant • Best Wait Staff
- Best Place to Take Out of Town Guest
- Best Overall Restaurant

LOCALS  
CHOICE  
AWARDS  
2023

Suffolk News-Herald  
NOMINEE

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**Best Local Sports Team**

- Holland Athletics
- Southside Baptist Softball Team
- Suffolk Youth Athletic Association (SYAA)

**Best Local Website**

- Academy Animal Care
- City of Suffolk
- General Rental Center of Suffolk
- Gracious Custom Creations
- Knothole Station
- Suffolk Tourism

**Best Locally Owned****Restaurant**

- George's Steakhouse
- Mason's Grill & Smokehouse
- One Step Forward Nutrition
- The Mod Olive

**Best Pastor**

- Pastor Fred Gray
- Pastor Karl Wilkins
- Rev. Dale W. Peterson

**Best Place to Get Married**

- Hilton Garden Inn Suffolk Riverfront
- The First Lady
- The Pinner House Bed & Breakfast
- The Planters Club

**Best Place to Ride****Horses**

- Harmonia Equestrian
- Kay's Acres, LLC
- Liberty Lane Farm
- Lone Star Lakes Park

**Best Place to Take Out of Town Guest**

- Bennett's Pasture Rd Farmers Market
- Cedar Hill Cemetery
- Friends of the Suffolk Library Bookstore
- George's Steakhouse
- Mason's Grill & Smokehouse
- One Step Forward Nutrition
- Suffolk Seaboard Coastline Trail
- The Great Dismal Swamp

- The Pinner House
- Vintage Tavern

**Best Place to Work**

- City of Suffolk
- Lake Prince Woods
- One Step Forward Nutrition
- Schadel Sheet Metal Works, Inc.
- Scott Bradshaw & Rawls, PC

**Best Preschool**

- CrossPointe Preschool Academy
- Main Street Daycare
- Suffolk Christian Academy

**Best Private School**

- Nansemond Suffolk Academy
- Suffolk Christian Academy

**Best Public School**

- Florence Bowser Elementary School
- Forest Glen Middle School
- Kilby Shores Elementary School
- King's Fork High School
- Lakeland High School
- Nansemond River High School

**Best Scenic Spot**

- Bennetts Creek Park
- Culpepper's on the Lake at Cahoon/Meade
- Liberty Lane Farm
- Lone Star Lakes Park
- Sleepy Hole Park
- The Great Dismal Swamp

**Best School Principal**

- Chanel Woods
- Dana Feeney
- Derreck Bryant
- Jennifer Presson
- Tamra VanDorn

**Best School Teacher**

- Deb Shapiro
- Kristen Herto
- Megan Farabaugh
- Patricia Whitehead

**Best Staycation Location**

- Bennett's Creek Park
- Hilton Garden Inn Suffolk

**Riverfront**

- The Pinner House Bed and Breakfast

**Best Volunteer**

- Debby Bradford (Friends of the Suffolk Library Bookstore)
- Nancy King (Suffolk Business Women)
- Thomas Rein

**Arts & Entertainment****Best Art Exhibit**

- Schadel Sheet Metal Works, Inc.
- Suffolk Art Gallery
- Suffolk Center for Cultural Arts

**Best Art Gallery**

- Schadel Sheet Metal Works, Inc.
- Suffolk Art Gallery
- Suffolk Center for Cultural Arts

**Best Attraction**

- Suffolk Center for Cultural Arts
- The Great Dismal Swamp
- Tomahawk Toss

**Best Entertainment****Venue**

- Constant's Wharf Park & Marina
- Suffolk Center for Cultural Arts
- Tomahawk Toss

**Best Family****Entertainment**

- Suffolk Center for Cultural Arts
- Suffolk Peanut Festival
- Suffolk Public Libraries
- Tomahawk Toss

**Best Fundraising Event**

- Suffolk Business Women's Annual Golf Tournament
- Suffolk Peanut Festival Feast
- Walk to End Alzheimer's
- Womanless Beauty Pageant



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C. Danielle Howell, DDS | Melissa L. Campbell, DMD  
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**LOCALS CHOICE AWARDS 2023**  
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NOMINEE

**Best Dentist - Dr. Leroy Howell**  
**Best Cosmetic Dentist/Implants**

**2023 LOCALS CHOICE AWARDS NOMINATIONS FOR**  
**Best Dance School/Studio**  
**Best Pilates Studio**

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**Thank you, Suffolk!**

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# WE'D BE HONORED BY YOUR VOTE



*We hope to have your vote  
again this year in the  
2023 Locals Choice Awards.*

**Best Private School | Best Preschool  
Best Child Care | Best School Principal  
Best School Teacher**

**Please Vote for Us!**



WINNER



WINNER



WINNER



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**Best Live Music Venue**

- Constant's Wharf Park & Marina
- Decoys Seafood
- Southside Baptist Worship Team Suffolk
- Suffolk Center for Cultural Arts
- Suffolk Peanut Festival

**Best Live Theater**

- Suffolk Center for Cultural Arts
- The Southside Players, Southside Baptist Church

**Best Local Band**

- Bandit
- Breadwine & Blooze Band
- Cara-Lyn and Harley
- Celeste Kellogg
- Island Boy Music
- The Carr Trouble Band

**Best Local Event**

- Dancing with the Characters
- Suffolk Earth And Arts Festival
- Suffolk Peanut Festival
- Taste of Suffolk
- The Great Peanut Chase

**Best Museum**

- Riddick's Folly
- Suffolk Art Gallery

**Best Outdoor Event**

- Plein Air Festival
- Suffolk Peanut Festival
- TGIF Summer Concert Series
- Tomahawk Toss

**Best Place for a Kid's Birthday Party**

- Allonge Dance Academy
- Benson Alpaca Meadows
- Cypress Park Pool
- Kay's Acres, LLC
- Lake Meade and Kid's Zone
- Make Something Studio
- Triple T Sports Center

**Best Tourist Spot**

- Cedar Hill Cemetery
- Constant's Wharf Park & Marina
- Great Dismal Swamp

- Kay's Acres, LLC

**Best Overall****Best Community Service Organization**

- Benson Alpaca Meadows
- Coalition Against Poverty in Suffolk
- For Kids, Inc.

**Best Curb Appeal**

- General Rental Center
- Hilton Garden Inn Suffolk Riverfront
- Knot Hole Station
- One Step Forward Nutrition
- Refined Relics Antiques & Salvage
- Suffolk Center for Cultural Arts

**Best Employees**

- Bak3r's Contracting, LLC.
- Country Boys Barbeque
- General Rental Center
- One Step Forward Nutrition
- Tomahawk Toss

**Best Employer**

- Country Boys Barbeque
- Hilton Garden Inn Suffolk Riverfront
- One Step Forward Nutrition
- Schadel Sheet Metal Works, Inc.
- Scott Bradshaw & Rawls, PC
- Suffolk Public Schools
- Tomahawk Toss

**Best Overall Restaurant**

- Country Boys Barbeque
- George's Steakhouse
- Kickback Jack's Suffolk Smokehouse
- Mason's Grill & Smokehouse
- One Step Forward Nutrition
- sushi aka

**Best Wait Staff**

- Country Boys Barbeque
- George's Steak House
- Mason's Grill & Smokehouse

**Eating & Drinking****Best Bakery**

- Amedeo's Bakery

- Panera Bread
- Sugar Mama's Bakeshoppe LLC
- The Pink Box

**Best Barbecue Restaurant**

- Country Boys Barbeque
- Mason's Grill & Smokehouse
- Owen's Grocery, Suffolk, VA
- Rodman's Barbeque
- Suffolk BBQ Co @ the Airport

**Best Bed & Breakfast**

- The Pinner House
- The Truitt House

**Best Beer Selection**

- Haven & Hull
- Nansemond Brewing Station

**Best Breakfast**

- First Watch
- Huddle House
- Liam's Deaner Brunch Bistro
- One Step Forward Nutrition
- Suffolk BBQ Co @ the Airport
- The Mod Olive

**Best Brewery/Tap House**

- Decent People Taproom
- Nansemond Brewing Station

**Best Buffet**

- Hilton Garden Inn Suffolk Riverfront
- Ruby Tuesday

**Best Business Lunch**

- Country Boys Barbeque
- George's Steak House
- Mason's Grill & Smokehouse
- The Mod Olive

**Best Catering**

- Country Boys Barbeque
- Holland's
- Mason's Grill & Smokehouse
- Roy's & Ricky's Catering
- The Pink Box



**Thanks for your nominations!**

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**Best Bakery**

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**Cupcakes & Chemo**  
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**Thank you for nominating us for**  
**BEST LOCAL CAUSE**

**We'd love to have your votes!**

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**Holy Cow**

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**LOCALLS CHOICE AWARDS 2023**  
Suffolk News-Herald NOMINEE

**I'd be honored by your vote!**  
• Best Realtor  
• Best Real Estate Agent

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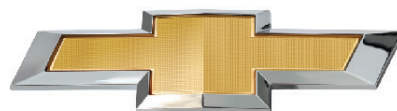
At Duke we're always proud to be part of our Suffolk community, but today we're especially excited to be nominated by YOU for the Suffolk News-Herald Locals Choice 2023!



Be sure to **VOTE** for  
Duke Automotive in  
each category from  
July 26th -  
August 20th!

**Best Auto Repair**  
**Best Auto Service & Repair**  
**Best Car Wash**  
**Best Mechanic**  
**Best Oil Change**  
**Best Tire Shop**  
**Best Used Car Dealership**  
**Best New Car Dealership**  
**Best Place to Buy A Used Car**

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**BEST Art Gallery**



**BEST Art Exhibit**



**BEST Live Music Venue**



**BEST Live Theater**



**BEST Curb Appeal**



**BEST Attraction**



**BEST Entertainment Venue**



**BEST Family Entertainment**



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**Best Cheap Meal**

- Brighter Day Cafe
- Charcoal Chicken
- Country Boys Barbeque
- El Korita Restaurante Mexicano

**Best Cheesesteak**

- George's Steak House
- Jersey Mike's Subs
- Ryan's Steaks & Cakes
- Suffolk BBQ Co @ the Airport

**Best Chef**

- Heather Thornton Country Boys Barbeque
- Lisa Pettaway "Mama Lisa" Mason's Grill & Smokehouse
- Michael Hart at Sushi aka
- Victor Taglis, George's Steak House

**Best Chicken Wings**

- Country Boys Barbeque
- Mason's Grill & Smokehouse

**Best Chinese Restaurant**

- China Moon
- Hong Kong Restaurant
- Peking House
- Shun Xing Chinese Restaurant

**Best Cocktails**

- Amicis
- Derl'z Restaurant & Pub
- Fin & Tonic
- Harper's Table
- High Tide
- Mason's Grill & Smokehouse

**Best Coffeehouse**

- Cafe Davina
- Knotts Coffee Company
- Wall Street Cafe Inc.

**Best Desserts**

- Country Boys Barbeque
- Mason's Grill & Smokehouse
- Nothing Bundt Cakes
- The Pink Box

**Best Dive Bar**

- Derl'z Restaurant & Pub

- High Tide

**Best Donuts**

- Duck Donuts
- Dunkin'
- Krispy Kreme

**Best Family Restaurant**

- Amici Pizza
- Country Boys Barbeque
- George's Steak House
- Mason's Grill & Smokehouse

**Best French Fries**

- George's Steak House
- Mason's Grill & Smokehouse
- McDonald's
- Suffolk BBQ Co @ the Airport

**Best Fried Chicken**

- Hardee's
- Mason's Grill & Smokehouse
- Roy's & Ricky's Catering

**Best Hamburger**

- Baron's Pub
- George's Steak House
- Harper's Table
- Mason's Grill & Smokehouse
- The General Public

**Best Happy Hour**

- Applebee's Grill + Bar
- Mason's Grill & Smokehouse
- Nansemond Brewing Station
- One Step Forward Nutrition
- Sante Fe Grill

**Best Hot Dog**

- Brighter Day Cafe
- Hardee's
- Lake Prince Woods
- Suffolk BBQ Co @ the Airport

**Best Ice Cream**

- Cone Slingers
- Freddy's Frozen Custard & Steakburgers
- Holland's
- sushi aka

**Best Italian Restaurant**

- Amedeo's Ristorante
- Amicis
- Gianna's Pizzeria & Restaurant
- Sal's Pizza

**Best Japanese Restaurant**

- Iron Chef Japanese Restaurant
- Nana Sushi
- Ninja Japanese Steakhouse & Sushi Bar
- sushi aka

**Best Kid-Friendly Restaurant**

- Chick-fil-A
- Country Boys Barbeque
- George's Steak House
- Mason's Grill & Smokehouse

**Best Margarita**

- Cazadores
- El Korita Restaurante Mexicano
- Mason's Grill &

- Smokehouse
- Plaza Azteca Mexican Restaurant · Suffolk

**Best Martini**

- Amicis
- Fin & Tonic
- Harper's Table

**Best Mexican Restaurant**

- Cazadores
- El Korita Restaurante Mexicano
- La Parilla Mexican Grill
- Plaza Azteca Mexican Restaurant
- Sante Fe Grill

**Best Most Romantic Restaurant**

- Harper's Table
- River Stone Chophouse
- sushi aka
- Vintage Tavern

**Best New Bar**

- Blind Duck Tiki Bar
- One Step Forward Nutrition

*Thank you for the nominations for*  
**BEST AUTO REPAIR**  
**BEST AUTO**  
**SERVICE / REPAIR**  
*We hope to have your votes!*

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<https://www.suffolknewsherald.com/contests/>

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**LOCALS  
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2023**

**Suffolk News-Herald**



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FOR  
BEST  
REAL  
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& BEST REALTY  
COMPANY**



**Best New Restaurant**

- A Taste of Everything
- Cafe Davina
- Charcoal Chicken
- Kickback Jack's Suffolk
- Turnip Sprout

**Best Noodle House Restaurant**

- Pho 79
- Souper Pho & Banh Mi

**Best Outdoor Patio**

- Decoys Seafood
- High Tide
- Mason's Grill & Smokehouse
- Vintage Tavern

**Best Pizza**

- Al Forno Pizzeria
- Amicis
- Pizza Hut
- Sal's Pizza

**Best Salad**

- Amicis
- Country Boys Barbeque
- George's Steak House
- Sal's Pizza

**Best Seafood Restaurant**

- Decoys Seafood
- Fin & Tonic
- George's Steak House
- High Tide
- Skrimp Shack
- sushi aka

**Best Soul Food**

- A Taste of Everything
- Country Boys Barbeque
- Rennee's Restaurant and Lounge

**Best Sports Bar**

- Applebee's Grill + Bar
- Baron's Pub
- Kickback Jack's Suffolk
- Mason's Grill & Smokehouse

**Best Steak**

- George's Steak House
- River Stone Chophouse
- Texas Roadhouse

**Best Sub/Sandwich**

- George's Steak House
- Gianna's Pizzeria & Restaurant
- Jersey Mike's Subs
- Subway
- Which Wich Superior Sandwiches

**Best Sunday Brunch**

- Amicis
- Fin & Tonic
- First Watch
- Liam's Deaner Brunch Bistro
- Suffolk BBQ Co @ the Airport
- The Mod Olive

**Best Sushi**

- Koi Sushi & Hibachi
- Nana Sushi
- Ninja Japanese Steakhouse & Sushi Bar
- Sakura Express
- sushi aka

**Best Take Out**

- Country Boys Barbeque
- El Korita Restaurante Mexicano
- George's Steak House
- Mason's Grill & Smokehouse
- One Step Forward Nutrition

**Best Tea**

- Chick-fil-A
- Country Boys Barbeque
- George's Steak House
- One Step Forward Nutrition

**Best Upscale Bar**

- Fin & Tonic
- Harper's Table
- River Stone Chophouse

**Best Wine Bar**

- Amicis
- Harper's Table
- Haven & Hull

**Health & Fitness****Best Assisted Living Facility**

- Lake Prince Woods

**Best Audiology/Hearing Care**

- Connect Hearing
- Eastern Virginia Ear, Nose, & Throat Specialists
- Knox Audiology & Hearing Care
- Lakeview Medical Center - Suffolk

**Best Chiropractor**

- Elizabeth T. Shearin, DC
- Spinal Source Chiropractic
- The Joint Chiropractic

**Best Cosmetic Dentist/Implants**

- Breeze Dental
- Commonwealth Dentistry
- Dr. Jana Boyd
- Howell Dentistry

**Best Cosmetic Dermatologist**

- Lakeview Dermatology
- Pariser Dermatology Specialists, LTD
- ReVision Suffolk
- VA Dermatology & Skin Cancer Center - Centerbrooke

**Best Cosmetic Surgeon**

- Plastic Surgery Specialists : Dr. Helena Guarda

**Best Dentist**

- Breeze Dental
- Commonwealth Dentistry
- Dr. James A. Taylor, DDS
- Dr. Jana Boyd, DDS
- Dr. Leroy Howell
- LWSS Family Dentistry - Suffolk

**Best Dermatologist**

- Lakeview Dermatology
- Pariser Dermatology Specialists, LTD
- Virginia Dermatology & Skin Cancer Center



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**New Korean adoption children's book coming in November!**  
Author and Illustrator for Zach's Family and Butterflies for Rory

**THANK YOU FOR NOMINATING ME FOR SUFFOLK'S BEST LOCAL AUTHOR FOR 2023!**

Find me on Facebook and Instagram @KimEllisCreates

# WE'D LOVE TO HAVE YOUR VOTE!

## NANSEMOND VETERINARY CLINIC

### ASK ABOUT BOARDING & GROOMING

**Jennifer A. Cochran**  
(D.V.M.)

**Emily Clark,**  
(D.V.M.)

**Christine Fleck,**  
(D.V.M.)





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# BAYVIEW PHYSICIANS GROUP is Honored to be Nominated for the 2023 LOCALS CHOICE AWARDS

## Best Physician



**Eboni Carter, MD**  
Board Certified in Family Medicine  
**Bridge Road Family Medicine**  
4868 Bridge Rd., Suite 310  
Suffolk, VA 23435



**Jeffrey Forman, MD**  
Board Certified in Pulmonary & Critical Care Medicine  
**Lakeview Pulmonary & Critical Care Medicine**  
2000 Meade Pkwy., Suite 110  
Suffolk, VA 23434



**Lynne Stockman, DO**  
Board Certified in Family Medicine  
**North Suffolk Family Medicine**  
3235 Bridge Rd., Suite 15  
Suffolk, VA 23435

## Best OB/GYN



**Henry Demkowski, MD**  
Board Certified in Obstetrics & Gynecology  
**Lakeview OB/GYN**  
2000 Meade Pkwy., Suite 150  
Suffolk, VA 23434



**Ashley Lubecki, DO**  
Board Certified in Obstetrics & Gynecology  
**Lakeview OB/GYN**  
2000 Meade Pkwy., Suite 150  
Suffolk, VA 23434



**Christina Jackson, DO**  
Board Certified in Obstetrics & Gynecology  
**Monarch Women's Wellness**  
4868 Bridge Rd., Suite 300  
Suffolk, VA 23435

## Best Pediatrician



**Jessica Saxbury, DO**  
Board Certified in Pediatrics  
**Lakeview Pediatrics & Family Medicine**  
3060 Godwin Blvd., Suffolk, VA 23434

## Best Podiatrist



**Jessica Bruno, DPM**  
Board Certified in Podiatry  
**Atlantic Foot & Ankle Center**  
3060 Godwin Blvd., Suffolk, VA 23434

## Best Medical Group



## Best Audiology/Hearing Care

### Lakeview Hearing & Balance (Lakeview Ear, Nose, & Throat)

2000 Meade Pkwy., Suite 170  
Suffolk, VA 23434



**Stephen D. Keefe, MD**  
Board Certified in Otolaryngology

## Best Dermatologist

### Best Cosmetic Dermatologist

### Lakeview Dermatology

2000 Meade Pkwy., Suite 190  
Suffolk, VA 23434

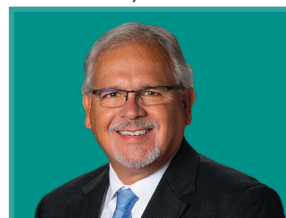


**Ronald Buckley, DO**  
Board Certified in Dermatology

## Best Urgent Care Clinic

### NowCare Urgent Care Center

3060 Godwin Blvd.,  
Suffolk, VA 23434



**Michael Gonzalez, MD**  
Board Certified in Emergency Medicine

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at [SuffolkNewsHerald.com](http://SuffolkNewsHerald.com)

JULY 26 -  
AUGUST 20

**Best Eye Clinic**

- America's Best Contacts & Eyeglasses
- David A. Lotz, OD
- Lane Eye Care
- Schneider Eye Physicians & Surgeons
- Virginia Eye Consultants

**Best Hospital**

- Sentara Obici Hospital

**Best In-Home Elder Care Services**

- Home Instead
- Lake Prince at Home

**Best Laser Eye Center**

- Suffolk Eye

**Best Massage**

- Just For the Health of It, Inc.

**Best Massage Therapist**

- Kathy Bass
- Zoie Hillesheim

**Best Medical Group**

- Bayview Physicians Group
- CHKD - Suffolk Pediatrics
- Sentara Family Medicine Physicians

**Best Memory Care Facility**

- Lake Prince Woods

**Best Neurologist**

- Neurology and Sleep Associates of Suffolk

**Best OB/GYN**

- Ashley R. Lubecki, DO (Lakeview Obstetrics & Gynecology)
- Christina Jackson, DO (Monarch Women's Wellness)
- Diana C. Fedei, MD (Genis Women's Care, PC)
- Henry C. Demkowski, MD (Lakeview Obstetrics & Gynecology)
- Specialists For Women

**Best Orthodontist**

- Anderson Orthodontics
- Woodard Orthodontics

**Best Orthopedic Practice**

- Sports Medicine and Orthopaedic Center
- Tidewater Orthopaedics

**Best Pediatrician**

- Brittney Drames, MD (Suffolk Pediatrics)
- Jessica Saxbury, DO, FAAP (Lakeview Pediatrics & Family Medicine)
- Joanne R. Wunderlich, MD (Nansemond Pediatrics)
- Kathryn F. Brooks, MD (Nansemond Pediatrics)

**Best Personal Trainer**

- Grace Brewer
- James Fiorella
- Kyndra Leake
- Melissa Crook

**Best Physician**

- Eboni Carter, MD (Bridge

- Road Family Medicine)
- Jeffrey D. Forman, MD (Lakeview Pulmonology & Critical Care Medicine)
- Lynne Stockman, DO (North Suffolk Family Medicine)
- Jessica Bruno, DPM (Atlantic Foot & Ankle Center - Suffolk)
- Matthew C. Dairman, DPM MS (1Foot 2Foot Centre for Foot and Ankle Care, PC )

**Best Rehab Center**

- Lake Prince Woods
- Sports Medicine & Orthopaedic Center - SMOC

**Best Sleep Disorder Specialist**

- Neurology and Sleep Associates of Suffolk
- Tidewater Lung and Sleep Center, PLLC

**Best Urgent Care Clinic**

- NowCare-Suffolk
- Velocity Urgent Care

**Services****Best Accounting Firm**

- Anderson & Anderson, CPAs, P.C.
- Boyce, Spady & Moore PLC
- Scott Bradshaw & Rawls, PC
- Sheri Thomas, CPA, EA

**Best Advertising Agency**

- The Addison Group

**Best Apartment Community**

- Hillpoint Woods Apartments
- Lake Prince Woods
- The Commons at Centerbrooke Apartments

**Best Attorney**

- Brent Rowlands (The Law Office of Brent Rowlands)
- Frank Rawls (Ferguson, Rawls & Raines, PC)
- Jeanette Ojeda (Saunders & Ojeda, P.C.)
- Jesse Johnson, Jr. (Johnson, Gardy & Teumer)

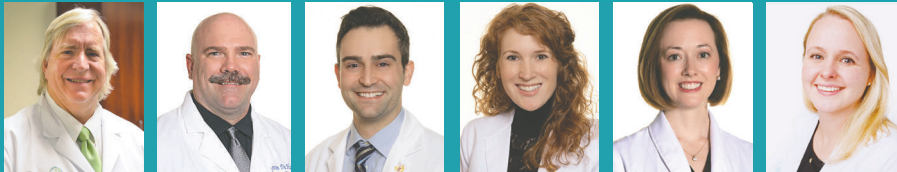
- Whitney Saunders (Saunders & Ojeda, P.C.)

**Best Auto Loan Provider**

- BayPort Credit Union
- Mike Duman Auto Superstore
- Truist Bank

**Best Auto Repair**

- Automotive Specialty
- Duke Chevrolet Buick GMC
- Eastover Service & Repair, LLC
- Gordon's Body Shop
- Mike Duman Auto Superstore
- Starr Motors
- Suffolk Alignment & Car Care Center
- Weaver's Auto Services



Dr. Robert Baer

Dr. Kevin DeHart

Dr. James Bota

Dr. Tara Buehler

Dr. Charlene Oldfield

Amy Volkman, PA-C

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Best Dermatologist!**

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### Best Auto Service / Repair

- Chip's Repair & Towing Service
- Duke Chevrolet Buick GMC
- Eastover Service & Repair, LLC
- Express Oil Change & Tire Engineers
- Mike Duman Auto Superstore
- Starr Motors
- Weaver's Auto Services

### Best Bank

- Bank of America
- Southern Bank
- TowneBank
- Truist

### Best Bankruptcy Law

- Ferguson Rawls & Raines, PC

### Best Barber

- Deborah Carroll
- Karl Wilkins

### Best Bookkeeping / Tax Service

- Anderson & Anderson, CPAs, P.C.
- Boyce, Spady & Moore PLC
- Scott Bradshaw & Rawls, PC
- Sheri Thomas, CPA, EA

### Best Camp Ground

- Davis Lakes & Campgrounds

### Best Car Wash

- Blue Hippo Car Wash
- Duke Chevrolet Buick GMC
- Mike Duman Auto Superstore
- Vortex Express Car Wash

### Best Carpet Cleaning

- Hobbs' Ultra-Clean Service

### Best Cemetery

- Albert G. Horton, Jr. Memorial Veterans Cemetery
- Cedar Hill Cemetery
- Holly Lawn Cemetery
- Meadowbrook Memorial

and Cremation Gardens

### Best Child Care

- First Baptist Church
- Suffolk Christian Academy
- The Children's Center

### Best Commercial Bank

- Southern Bank
- TowneBank
- Truist

### Best Commercial Real Estate Company

- Chorey & Associates Realty, Ltd.
- Cross Realty

### Best Computer & IT Services

- Integrated Audio Video

### Best Contractor

- Carr Construction
- Culbertson Contracting, LLC
- LandWerks Contracting
- Tidewater ProBuild

### Best Customer Service

- Country Boys Barbeque
- Precious Memories Photography
- Schadel Sheet Metal Works, Inc
- Tomahawk Toss

### Best Dry Cleaner

- Master Cleaners

### Best Electrician (Business)

- Anointed Hands Electrical Services
- David Rawls
- Jethro Byrd Electrical & Plumbing, Inc.

### Best Financial Institution

- Bronco Federal Credit Union
- TowneBank
- Truist

### Best Financial Planning

- Amy Tucker, CFP®, CKA®, AAMST™
- Kristen W. Gardner, Truist

- Investment Services, Inc.
- Margie Wiley - Freedom Street Partners

### Best Firearms Dealer

- CE Tactical
- Southern Gun Works

### Best Funeral Home

- Crocker Funeral Home, Inc.
- Parr Funeral Home & Crematory
- R.W. Baker & Company Funeral Home and Crematory

### Best Hair Salon

- Crown of Glory Hair Salon
- Hair Graphics
- Kingdom Shears Unisex Salon, LLC
- Meraki Hair Studio
- Pin Ups Salon
- Shine Hair Designs
- Sizzors Hair Salon

### Best Hair Stylist

- Chelsea Sprague (Shine Hair Designs)
- Gwyn (Crown of Glory)

- Jamie Christmas J. C. Styling (Sizzors Hair Salon)
- Sharon Winslow (Crown of Glory)
- Teresa Tomlin (Hair Graphics)
- Tracy Pender (Meraki Hair Studio)
- Wendy Huffman (Meraki Hair Studio)

### Best Heating & Air Conditioning Company

- Atlantic Shores Heating & Cooling
- Little Johns Heating & Air Conditioning
- Suffolk Sheet Metal, Inc.

### Best Hotel

- Hampton Inn Suffolk
- Hilton Garden Inn Chesapeake/Suffolk
- Hilton Garden Inn Suffolk Riverfront
- Holiday Inn Express & Suites Suffolk, an IHG Hotel

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539-3733**

**Best Insurance Agency**

- B J Willie - State Farm Insurance Agent
- Suffolk Insurance Agency
- Warren Alexander - State Farm Insurance Agent

**Best Insurance Agent**

- B J Willie - State Farm Insurance Agent
- Ken DeLoach - State Farm Insurance Agent
- Kristen W. Gardner - Truist Investment Services, Inc.
- Lisa Cale - Suffolk Insurance
- Warren Alexander - State Farm Insurance Agent

**Best Kitchen & Bath Remodeler**

- Bak3r's Contracting, LLC
- Carr Construction
- Solutions by Chris Ellis
- Tidewater ProBuild

**Best Landscaper**

- Clean Cut Image Lawn & Landscape

- Ferrell Grounds
- Laid Back Lawn Care
- Love Homes and Gardens

**Best Law Firm**

- Elder Law Solutions
- Ferguson Rawls & Raines, PC
- Hook Law
- Saunders & Ojeda, P.C.

**Best Local Construction Company**

- Bak3r's Contracting, LLC
- Carr Construction
- Tidewater ProBuild

**Best Local Credit Union**

- ABNB Lakeside Branch
- BayPort Credit Union
- Navy Federal Credit Union

**Best Luxury Apartments**

- Meridian Harbourview

**Best Mechanic**

- Duke Chevrolet Buick GMC

- John Lassiter (Mike Duman Auto Superstore)
- Sawyer Automotive
- Weaver's Auto Services

**Best Mortgage / Home Loan Provider**

- Atlantic Bay Mortgage Group
- Southern Trust Mortgage
- Tidewater Home Funding
- Truist

**Best Motorcycle Shop**

- Tidewater Motorcycles, Inc

**Best Nail Salon**

- Nail Time
- Nails First
- Oasis Nail Salon & Spa
- Stems Spa at 1Foot 2Foot Center for Foot & Ankle Care Suffolk

**Best New Home Builder**

- Bak3r's Contracting, LLC.
- Carr Construction
- Riddick Building Corporation

**Best Oil Change**

- Duke Chevrolet Buick GMC
- Express Oil Change & Tire Engineers
- Mike Duman Auto Superstore

**Best Paving Company**

- R C Paving & Son LLC
- The Blair Brothers., Inc.

**Best Pest Control**

- Curtis & Joseph Mehalko Exterminating
- Mark's Pest Management
- Suffolk Pest Control

**Best Pet Boarding / Daycare**

- Academy Animal Care
- Bennetts Creek Home Away From Home
- Nansemond Veterinary Clinic
- Suffolk Animal Hospital

**Best Pet Groomer**

- Academy Animal Care
- Bubbles' Grooming Parlor and Mobile
- Fairy Tails Grooming by Elizabeth
- Nancy's Animal Outfitters
- Nansemond Veterinary Clinic
- Suffolk Animal Hospital

**Best Photographer (Business)**

- Beansprout Photography by Sarah Murphy
- Emily Conner Photography
- Meghan Lupyan Photography
- Precious Memories Photography

**Best Plumber (Business)**

- Jethro Byrd Electrical & Plumbing Contractor Inc
- Luke Willette Plumbing
- N P Williams Plumbing-Contracting

**Best Pool Services**

- Oliver's Pool's and Spas, LLC.
- Wet & Wild Pools, Inc.

**Best Propane Company**

- Griffin Oil & Propane
- Parker Oil Co

**Best Property Management Company**

- Chorey & Associates Realty, Ltd.
- Cross Management Corporation

**Best Real Estate Agent**

- Ann Crusenberry (Chorey & Associates Realty, Ltd.)
- Billy Chorey (Chorey & Associates Realty, Ltd.)
- Cynthia Daniels (RE/MAX Southside)
- John Rector (Chorey & Associates Realty, Ltd.)
- L. Ellen Drames (Berkshire Hathaway Home Services RW Towne Realty)



Dr. Brian Briesemeister Jr., DDS



Dr. Karan Oza, DMD



Dr. Nadia Ata, DMD



Dr. Michael Webb Jr., DDS

Thank you for nominating our practice this year in the categories of **BEST DENTIST & BEST COSMETIC DENTIST/IMPLANTS.**

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Thank you for nominating me for **Local's Choice in 2023** for **Best Insurance Agent**

**Kristen W. Gardner**

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# Thank you for the nominations!

*We'd love to have your vote!*



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Best Law Firm  
Best Real Estate Law  
Best Bankruptcy Law  
Best Attorney - Frank Rawls

**Best Real Estate****Brokerage**

- 1st Class Real Estate Barn Door homes
- Chorey & Associates Realty, Ltd.
- Cross Realty

**Best Real Estate Law**

- Ferguson Rawls & Raines, PC
- Saunders & Ojeda, P.C.

**Best Realtor**

- Ann Culley Crusenberry (Chorey & Associates Realty, Ltd.)
- Billy Chorey (Chorey & Associates Realty, Ltd.)
- Jeff Lurie (1st Class Real Estate Barn Door Homes)
- John Rector (Chorey & Associates Realty, Ltd.)
- L. Ellen Drames (Berkshire Hathaway Home Services RW Towne Realty)

**Best Realty Company**

- 1st Class Real Estate Barn

**Door Homes**

- Chorey & Associates Realty, Ltd.
- Cross Realty

**Best Retirement Facility / Independent Living**

- Bickford of Suffolk
- Lake Prince Woods
- The Commons at Centerbrooke Apartments

**Best Shoe Repair Store**

- SNKRTUB

**Best Tanning Salon**

- Sundays Sun Spa Shop (College Drive)
- Sundays Sun Spa Shop (Main Street)

**Best Tattoo Studio**

- Tattoo Skills
- The Original Folk City Tattoo

**Best Tax Preparation**

- Anderson & Anderson, CPAs, P.C.

- Boyce, Spady & Moore, PLC
  - Scott Bradshaw & Rawls, PC
  - Sheri Thomas, CPA, EA
- Tax Time

**Best Tire Shop**

- Duke Chevrolet Buick GMC
- Mike Duman Auto Superstore
- Preacher's Tire Services, Inc.
- Tidewater Tire Center

**Best Towing Service**

- Brinkley's Wrecker Service, LLC.
- Chip's Repair & Towing Service

**Best Used Car Dealership**

- Barton Ford
- Duke Chevrolet Buick GMC
- Mike Duman Auto Superstore
- Starr Motors

**Best Veterinarian / Animal Hospital**

- Academy Animal Care
- Nansemond Veterinary Clinic
- Suffolk Animal Hospital
- Tidewater Animal Clinic

**Shopping****Best Accessories Store**

- Belk
- Cecelia's Boutique and Gifts
- Fabric Shoppe

**Best Antique Store**

- Refined Relics Antiques & Salvage
- The French Corner

**Best Appliance Store**

- Lowe's Home Improvement
- Schewels Home

**Best Bookstore**

- Christian Bookstore
- Friends of the Suffolk Library Bookstore

**Best Boutique Store**

- A. Dodson's
- Cecelia's Boutique and Gifts
- Michelle's Hybrid Fashion
- The French Corner

**Best Children's Clothing Store**

- Belk
- The Velveteen Rabbit

**Best Country Store**

- Farmer Frank's Farm Market
- Farmers Feed & Seed Co.
- Knot Hole Station

**Best Equestrian Tack Shop**

- South Point Saddlery

**Best Flooring / Carpet Store**

- Lilly Flooring
- Wal-Win Carpet

**Best Florist**

- Johnson's Gardens, Inc.

**Best Furniture Store**

- Brandon House Furniture
- Carters Quality Furniture, Inc.
- Schewels Home

**Best Garden Store/ Nursery**

- Johnson's Gardens, Inc.
- Kellys Nursery & Greenhouses
- Lowe's Home Improvement
- Taylor's Do it Center

**Best Generator Sales & Service**

- Suffolk Sheet Metal
- Womble Generator

**Best Gift Store**

- A. Dodson's
- Ann's Hallmark
- Embroidery & Print House/ Speciality Gift Shop
- Peanut City Candle Co.
- The French Corner

**We are honored to continue to get your nominations year after year and we hope to have your vote!**



**Best Veterinarian / Animal Hospital**  
**Best Pet Boarding / Daycare**  
**Best Pet Groomer**



**Suffolk  
Animal  
Hospital**



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Best Memory Care Facility  
Best Rehab Center • Best Place to Work  
Best Apartment Community  
Best Retirement Facility / Independent Living



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**Best Sleep Disorder Specialist**

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Suffolk, VA 23434

**Office (757) 934-1900**

Fax (757) 925-6719

[www.SuffolkNeuro.com](http://www.SuffolkNeuro.com)

**Best Home Improvement Store**

- Lowe's Home Improvement
- Taylor's Do it Center

**Best Lawn & Garden Equipment**

- Lowe's Home Improvement
- Roger Fowler Sales & Service, Inc. Tractor and Mower Sales
- Tractor Supply Co.

**Best Mattress Store**

- Mattress Firm
- Schewels Home

**Best Men's Clothing Store**

- Belk

**Best New Car Dealership**

- Barton Ford
- Duke Chevrolet Buick GMC
- Mike Duman Auto Superstore
- Starr Motors

**Best Pawn / Resale Shop**

- Precision Pawn
- Suffolk Pawn and Gun

**Best Place to Buy A Used Car**

- Barton Ford
- Duke Chevrolet Buick GMC
- Mike Duman Auto Superstore
- Starr Motors

**Best Shoe Store**

- DSW Designer Shoe Warehouse
- Shoe Dept.

**Best Thrift Store**

- CHKD Thrift Store
- Disabled American Veterans
- Goodwill

**Best Wine Shop**

- Great Bottles
- Haven & Hull
- The French Corner

**Best Women's Clothing Store**

- Belk
- Cecelia's Boutique and Gifts
- Embroidery & Print House/ Speciality Gift Shop
- Michelle's Hybrid Fashion

**Sports & Rec****Best Driving Range**

- Sleepy Hole Golf Course
- Suffolk Golf Course

**Best Golf Course**

- Cedar Point Club
- Sleepy Hole Golf Course
- Suffolk Golf Course

**Best Health & Fitness Club**

- All Grit Athletics
- Anytime Fitness
- Bennetts Creek Recreation Center
- C-FIT Studio
- East Suffolk Recreation Center
- Suffolk Family YMCA

- Triple T Sports Center

**Best Local Park / Playground**

- Bennett's Creek Park & Boat Ramp
- Kids Zone
- Lake Meade Park
- Lone Star Lakes Park
- Sleepy Hole Park

**Best Pilates Studio**

- Allonge Pilates Studio
- Club Pilates

**Best Yoga Studio**

- C-FIT Studio
- Organic Roots



**LOCALS CHOICE AWARDS 2023**  
Suffolk News-Herald

*Recognize your favorite businesses in the community in the 2023 Locals Choice*

**THE TIME HAS COME TO VOTE FOR YOUR LOCALS CHOICE IN SUFFOLK**

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**Best Used Car Dealership**

**Best Auto Service & Repair**

**Best Auto Repair**

**Best Place to Buy a Used Car**



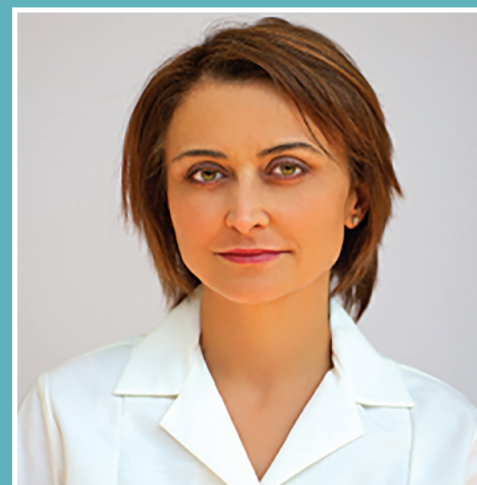
2584 Pruden Blvd, Suffolk, VA 23434  
757-539-0214



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## Nominated for Best Cosmetic Surgeon



**Helena M . Guarda, M.D.**  
Board Certified Plastic Surgeon

### Mommy Makeover

A Mommy Makeover typically involves one or more plastic surgery procedures addressing the breast, abdomen, back (love handles), thighs, chin and / or face.

### Tummy Tuck

Create an abdominal profile that is smoother and firmer, often enhancing your body image and confidence.

### Breast Augmentation

Breast augmentation is a highly individualized procedure - One that you should choose to undergo to fulfill your own desire for enhanced breast size.

### Liposuction

Liposuction slims and reshapes specific areas of your body by removing localized or regional excess fat deposits, improving your body contours and proportion, and ultimately, enhancing your self-image.

Dr. Helena Guarda is board certified by **The American Board of Plastic Surgery** since 2002 and was re-certified in 2012 and 2022. Her training in general and plastic surgery as well as her fellowship in microsurgery have been instrumental in serving her cosmetic and reconstructive patients over the past 22 years.

Patients trust Dr. Guarda because of her experience, results and caring for the best possible patient experience. Dr. Guarda is focused on best practice patient education and long term satisfaction.

### Dr. Helena Guarda

Plastic Surgery Specialists of Virginia  
5131 River Club Drive, Suite 110  
Suffolk, Virginia 23435

Telephone: **(757) 483-6550**

Email: [info@pssva.com](mailto:info@pssva.com)

Hours:

Monday – Friday 8:30 a.m. to 5:00p.m.